Dear Parents, Students and Staff

No one can doubt the value of our Stephanie Alexander Kitchen Garden program. Through this program our students learn how to grow, harvest and prepare healthy food. Our students have enjoyed eating foods some never thought they would try, while learning how to co-operate and share with others during both gardening and cooking.

This program is expensive to run and while both the P&C and the school provide substantial funds, we rely on the student levy program to subsidise the cost of such items as fertilizer, seeds, garden tools and cooking ingredients that are not able to be grown in the garden. We have tried to keep this levy at the minimum and hope you can offer your support by returning the levy forms and contribution as soon as possible.

Good luck to the students competing in the KCD swimming carnival tonight and tomorrow night: we look forward to the results of this swim meet.

Is there anyone who has dolls and/or doll prams in good condition but no longer wanted? Any donations will be gratefully received in the Prep/1 room.

Parade time has been changed to 9am on Friday morning for those parents able to attend.

Next Thursday Religious Education begins for students in years 1 to 7. Students will be placed into classes as nominated by parents and any students who do not attend RE will attend Values classes where core values such as responsibility, caring and compassion will be discussed and explored.

Carol Butler-Mader (Principal)

Do you want up-to-the-minute news on what’s happening at Farnborough State School?
It’s easy – just search Farnborough State School on Facebook and click ‘like’

<table>
<thead>
<tr>
<th>DATE</th>
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<tbody>
<tr>
<td><strong>FEBRUARY</strong></td>
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<tr>
<td>4th &amp; 5th</td>
<td>District Swim Trials @ R’ton Grammar School 10 – 12 years / 4:00pm – 6:00pm.</td>
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<tr>
<td>12th</td>
<td>CAP Swimming Trials @ Mackay.</td>
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<td>27th</td>
<td>Michael Salmon (Book Writer/ Illustrator) visit</td>
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<td><strong>MARCH</strong></td>
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<tr>
<td>5th</td>
<td>Arts Council “ Endangered Animals”</td>
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<td>18th</td>
<td>CAP Touch Trials 12yrs boys/girls</td>
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<td>28th</td>
<td>Last day term 1</td>
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<td>29th</td>
<td>March – 14th April Easter Holidays</td>
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STUDENT SAFETY
We have noticed during the lunch breaks students are bringing along “Ring pull cans” (eg: bake beans, tuna, tin fruit to name a few). Please could parents open the cans at home and place contents in a container. We freeze every time we see a can; there are too many cut fingers. Thank you for helping us with this issue.

ALSO students are coming up asking for a spoon. Sorry but we don’t have any so please send one along in their lunch box if they require one to eat their lunch with. Their fingers are not a good tool to use!

GARDEN NEWS
A MATHS PROBLEM :- If it takes one mature aged woman 1 hour to dig over and weed half a garden bed, how long would it take 10 younger (but perhaps not as fit or active or attractive) adults to weed the rest. I will give a small prize to anyone who comes to help and gives the right answer!

Come to GREEN CLUB on Wednesday 3-4. Just 1 hour, with your children, to have some exercise and fun, and start getting our garden back into shape. See you there with ICY POLES

Pam

ORAL HEALTH SERVICES
Reminder: please complete and return the dental form to the office.
Even though it states 22nd Feb to return the form, the ladies at the clinic wish to commence Oral Health checks as soon as possible. Please note – the offer does close on the 27th February.

Thank you.

A reminder to parents/carers to notify the school about your child’s health
Farnborough State School is committed to supporting students’ health and wellbeing. We would appreciate parents/carers providing the school with any relevant health information that is required to support the student at school. This information is also collected at enrolment but needs to be updated regularly, or if a new health condition develops.

Information about medically diagnosed conditions such as allergies, asthma, diabetes and epilepsy and other health conditions that may require school staff to provide support to students, including administering medication and performing health procedures, should be provided to the school. Additionally, any health need that may impact on school activities such as sports, outings (including camps) should also be discussed with the school.

Information should be provided in writing, and any specific health plans (only to be completed and signed by the medical practitioner) should be included. Please contact the school to discuss any specific requirements.

Please inform the school office staff of any changes to contact details or the contact details of the people nominated as emergency contacts.
Thank you for your assistance in this regard. All information is kept confidential and only disclosed to the relevant staff required to supporting your child.
For any enquiries, please contact the school office on telephone 49137 333.

HPE NEWS
Welcome Back to FSS to all of our “old “families and a special G’day to our “new” Farnborough families. I work at Farnborough each Tuesday, Thursday and Friday as the HPE (Health & Physical Education) Teacher. My curriculum teaching is mainly in the PE area which includes co-ordinating our Friday Sport program. The Health part of the curriculum is taught by the classroom teachers however some areas are also pointed out during the PE Lesson.
At FSS, for many years we have provided opportunities for the students to be exposed to a range of physical activities and sports so hopefully they will depart their Primary school a little more co-ordinated and with a passion of pursuing some form of physical activity, especially through their teen years.
As with most of our learning at FSS we encourage parents to be involved and assist out when they are able to. This also applies in the HPE &Sport program. In previous years we have parents assist with the Track & Field carnivals, assist with the Bike Ed and the Swimming, be a “spotter “in our junior motor program and help with the morning fitness training in readiness for Cross Country. Year camps are another avenue parents have helped out too.
As part of our Yr 7 Leadership program the students have an opportunity to present speeches to their fellow sporting house members vying for the captaincy badge. The House Election/Campaign will once again take place this term prior to our first Interhouse event –the Cross country Fun Run. The Yr 7 students are also responsible for running the Students Lunchtime Borrowing Shed. From the collected Coles vouchers/points we should soon be restocking this shed with more fun pieces of equipment the students can utilise during their lunchtimes.
Students are encouraged to wear the school footy shorts to their PE lesson and on Friday for their Sport session. Parents may need to check with the classroom teacher which day their child is participating in HPE. All students should also ensure they bring to school each day their sun smart (preferably school) hat and a water bottle (not cordial or juice – thanks). Appropriate shoes should also be worn.

The Sports Bulletin Board located under the school office is a source of information for dates and also results from events. Community Sport Info is also placed on this board. When the weeks do get rather busy sometimes I may not get a chance to put this information on the board however the newsletter date claimer does assist here. Also tracking me down or leaving a message with Rhonda in the office is another way of trying to find out further info.

This year our Primary Sporting District is undergoing a reshuffle and until after the meeting this week further district dates for sporting trials are yet unknown. I do know however the CAP TOUCH FOOTBALL Trials this year is to be held in MARCH therefore our District trials will be one of the earlier date claimers!

**GOOD LUCK:**
To our FSS students competing at the District Swim trials being held over two afternoons this week in Rockhampton. A list of names is on the Sports Noticeboard and this will also go in the newsletter next week.

**BULLDOGS VISITORS**
This Wednesday afternoon (2pm to 2.40pm), two (2) players from the NRL CANTERBURY BULLDOGS TEAM will be visiting FSS to talk to the students from Yr 2 to Yr 7. Their talk will be about keeping physically active. Students will also watch a DVD on bullying. Parents are most welcome to come along and listen. The four (4) visiting players namely James Graham, Josh Jackson, Moses Mbye and Corey Payne will then be working with any interested students at Webb Park Tanby Road (Seagulls Rugby League grounds) from 4pm to 5.15pm on Wednesday afternoon.

**BOARDIES DAY –FRIDAY FEBRUARY 22ND**
Our school has registered for this day with funds raised going to our local Yeppoon Surf lifesaving club. Students from Prep to Yr 7 along with staff members are encouraged to wear a pair of boardies (with their school shirt). Gold coin donations will be collected by the Yr 7’s on the morning of FEBRUARY 22ND. Parents are most welcome to join in too!

*Have an Active and Healthy Week. Margie Grant HPE Teacher*

**COMMUNITY NEWS**

**Bluebirds United Football Club Junior & Senior Sign-on for Football (Soccer).**
Boys and Girls and new players welcome  
**Date:** 10 February 2013  
**Time:** 9am – 1pm  
**Where:** Bluebirds Sports Club, Richardson Road, North Rockhampton  
For more information or questions please contact Simon Ross (President) on 0419793581 or visit our website: www.bluebirds.com.au or email us on admin@bluebirdsufc.com.au

**Karate at Yeppoon**  
- Tuesdays: 4 to 5pm & Thursdays: 5 to 6pm  
  St Ursula’s College, Queen St

**Karate at Emu Park**  
Wednesday: 4 to 5 pm Emu park Town Hall & Friday: 4 to 5 Emu Park State School  
Robi sensei: 0749393446, 0427016767

**Learn2Play basketball program**

**Rockets Rookies (Boys) & Cyclone Kids (Girls):** Rockhampton Basketball is running a 6 week program for Grade 1, 2, 3, 4 & 5 students. The Learn to Play Program will introduce participants to the sport of Basketball while providing healthy exercise in a safe environment. Participants will learn basic basketball fun-damentals through a series of drills, mini games, and 5 on 5 basketball; developing the necessary skills to graduate to our fixtures at the conclusion of the program. For more information please contact Rockhampton Basketball Sport Development Trainee Brad Kann on 4922 5544 or competitions@rockhamptonbasketball.com.au

**When:** Friday’s 3.45pm- 4.45pm,  
**First Session Fri 15th February 2013 Final Session Fri 22nd March 2013**
**Where:** Hegvold Stadium Sir Raymond-Huish Drive, South Rocky.  
**Cost:** $66.00 (GST inc) (Please Note: - Forms available from the school office)**
**Short courses on offer Semester 1, 2013**

**MYOB**  
This short course covers the maintenance of financial records for a business using MYOB v19.  
Tuesdays 9am – 1pm

**Microsoft Office**  
Covers popular Microsoft computer applications used in most office environments: Excel (spreadsheets - basic creation and use), Powerpoint (electronic presentations), Word (producing simple documents), Desktop Publishing (design and produce desktop published documents).  
Tuesdays 9am – 1pm

**Computers for Beginners**  
This course is for students who want to learn how to use a computer for internet use, email and writing documents. Students will learn basic tips about PCs as well as safe browsing.  
Mondays 4 February to 17 June, 9am – 12noon

**Bar Course**  
Provides participants with the skills and knowledge required to carry out bar operations in a range of hospitality enterprises.  
Mondays 4 February – 26 March, 4pm – 8pm, or 17 April – 12 June 4pm – 8pm

**Responsible Service of Alcohol**  
This short course deals with the skills and knowledge required to satisfy requirements for the responsible service of alcohol.  
Monday 11 February 4pm – 9pm, or 22 April 4pm – 9pm

**Barista Course**  
This short course covers the skills and knowledge to extract and serve espresso coffee and applies to the making of coffee using a commercial espresso machine.  
Wednesdays 6 February – 27 February, 5pm – 8pm, or Wednesdays 8 May – 29 May, 5pm – 8pm

**Fundamentals of Portrait Painting Course**  
This short course is designed to explore traditional portrait painting techniques. Acrylics and Oils will be layered to achieve an impressive likeness.  
Thursdays 7 February – 13 June, 9.30am – 3pm

**Makeup and Lash and Brow Treatments**  
This course is for students to gain a basic understanding of the skin and hair as it relates to basic makeup applications and lash and brow services. This course provides the skills needed to complete makeup application for interviews, bridal and formals as well as lash and brow treatments.  
Thursdays 7 February – 28 March, 9.30am – 12.30pm

ENROL NOW...  
[www.cqtafe.qld.gov.au](http://www.cqtafe.qld.gov.au)  1300 CQ TAFE  1300 27 8233

**SIGN ON NOW FOR 2013**

**Saturday February 16 & 23**  
9am – 12 noon

Cozee Bay Sports Complex, Matthew Flinders Drive, Yeppoon

**Juniors (5-17 years) – Tuesdays**

Seniors – Thursdays  
DIVISIONS: Net Set Go! (5-6 years)  Netball basics

**Cap Coast Crusaders**

Juniors Basketball commencing Friday 8th February  
Under 10’s drills & skills 4-5pm 10-15 year olds social competition 5-6pm

Notice of fees for 2013 on Basketball Stadium front door

Enquiries - Contact Sharen 0414 619 078  Sharenl@live.com.au

**INDOOR NETBALL**

**WHAT:**  
‘COME & TRY DAY’ FOR INDOOR NETBALL

**WHERE:**  
ISA Rockhampton 37 HOLLINGSWORTH STREET

**WHEN:**  
SATURDAY 16TH FEBRUARY

**TIME:**  
FROM 10AM

**WHO:**  
AGES 5-13, BUT ALL AGES ARE WELCOME

**INCLUDES:**  
FREE NETBALL COACHING, JUMPING CASTLE, SAUSAGE SIZZLE (ALL FREE)

We cater for both Girls & Boys aged between 5 - 13years. Registration is FREE plus no uniforms are required, so it makes for a very affordable sport for kids to play. Fees are simply $6 per game and this also includes a coaching clinic that is run each Saturday morning, by the region’s best Netballers, before the commencement of games each week. Players also receive a FREE icy-pole each week! You will not find a better, more affordable option anywhere else, so come along and register! If you would like to sign up or would like additional information, please contact the Eilish Grundon (Junior Sports Co-ordinator) on 4927 8499 or by emailing juniorsport@isarocky.com.au or admin@isarocky.com.au.

**YEPPON SWANS AUSTRALIAN FOOTBALL - JUNIOR SIGN ON DAY**

The Yeppoon Swans sign on day for 2013 will be held at Swan Park, Cordingly Street on Saturday February 9. Come along to Swan Park and give Aussie Rules a go. The junior sign on is on from 10am-12pm with social cricket matches starting at 10.15am followed by a free sausage sizzle. Sign on fees this year are $95 for Under 9’s, 11’s, 13’s, 15’s and 17’s and $60 for Under 7’s which includes an AFL Auskick pack. Under 7’s who have registered in an AFL Auskick clinic in 2013 play for free (please bring your receipt from your clinic). There is a reducing fee structure in place for families who have more than one child to sign on. If you are planning to sign on please bring along a birth certificate for proof of age. Training starts on Tuesday February 12 from 4.30pm-5.30pm for U13’s, 15’s and 17’s. The Under 7’s, 9’s and 11’s will start training and games after the Easter holiday break.

The senior sign on for Swans and Swanettes will commence in the afternoon at 3pm with the annual ‘North V South’ cricket match. For further information please contact Stephen Bird on 0403309434.