The Parent Direct and Chalk Toy Catalogues are being distributed today to the eldest child of each School Family. Inside these catalogues are hundreds of exciting toys that are perfect for birthday or Christmas presents for children of all ages.

By ordering through the Parent Direct and Chalk Toy Fundraising Catalogues you are helping Farnborough State School. For every dollar you spend, 20 cents will be donated back to our school to spend on valuable educational resources.

**The Easiest and Quickest Way to Order is On-Line**

Not only is ordering On-Line easy and convenient, you will have the opportunity to order the toys you want before they sell out and there is no deadline for on-line ordering.

Simply go to www.parentdirect.com.au or www.chalk.com.au where you can browse all available products, add them to your shopping basket & have them delivered to your door.

When you are finished selecting your products, click on shopping bag to finalise your order. To select Farnborough State School you can either search via the school name or postcode sections.

**Don’t Want To Order On-Line?**

You can manually complete the order forms which are in each brochure and bring them to the Office. Manual orders need to be handed in by **Thursday 18 September**, where they will be collated and posted away.

**Additional toy catalogues will be available for collection at the Office.**

If you have any questions, please contact Lee-Ann Lovegrove on 0439 748 803.

**BUS TRAVEL ASSISTANCE: 2015**

The Department of Transport and Main Roads provides bus travel assistance for all state high school students who live more than 4.8 km from the nearest state high school and/or non-state high school for students attending private schools.

To obtain this assistance, parents are required to complete a Bus Travel Assistance (BTA) application form. BTAs are available from your school, from your offices or can be downloaded from our website www.youngsbusservice.com.au and should be returned to Young’s Bus Service or your school for collection by the commencement of Term 4.

*Should any of your details change after you have submitted your form (e.g. address, telephone numbers, intended school), please advise Young’s Bus Service on 4922 3813 or email info@youngsbusservice.com.au.*

After applications are processed and approved, a SIT card (bus pass) will be posted to the address on your application form the week prior to school commencement in 2015, ready for your student to use. All eligible students travelling on Young’s Bus Service must use a SIT card to gain access to the school bus system. These SIT cards have an imbedded electronic chip that verifies student eligibility each time they travel. The initial bus pass is issued to students free of charge.

Young’s Bus Service has been operating school services for many years and you can be assured of our dedication and commitment to your children’s welfare.

**BUS TRAVEL ASSISTANCE APPLICATION FORMS: 2015**

A reminder to parents of Year 6 and 7 students - completed Bus Travel Assistance application forms need to be completed and returned either to Young’s Bus Service or the school by the commencement of Term 4 for collection and processing time for the commencement of 2015.

**SCHOOL ORAL HEALTH SERVICES**

Could you please return forms to the school office by 29th August.

**NAPLAN Results**

Students in Years 3, 5 & 7 have been given their results with today’s newsletter.

**Life Education Team and Harold the Giraffe Visit**

The eldest in the family has received this form, please complete and return to the office with payment by Wed 10th September. (One form per family)

**Student of the Week Awards**

**Week 7 — Term 3**

- **Prep M**
  - Bridget M for being a kind and caring friend.
  - Jack J for being an enthusiastic class member.
  - Mackenzie C for mastering the first 100 Magic Words.
  - Eskarina H for mastering the 2nd 100 Magic Words.

- **Year 2 / 3**
  - Dylan B for putting his best effort into his art.
  - Lexie M for hard work and great effort in art.
  - Caitlin J for writing a fantastic poem.

**Please check the notice board for more advertising.**

**Congratulations**

To our OptiMinds team who were awarded Honours (second place) in the Central Queensland Competition on the weekend. The team showed not only complex problem solving and thinking skills, but also excelled in team work and cooperation.

A huge thank you to Karleen Pass who spent many hours working with the team; supporting them to complete their challenge. The team will repeat their performance on parade this week.

**Every year, several students from Farnborough State School participate in the ICAS Science Competition. Over one million student entries are accepted from over 6,300 schools in Australia and New Zealand annually. In addition, students from over 20 countries including Hong Kong, India, Malaysia, Singapore, South Africa and the USA participate in the competition each year. This year we had four students participate.**

Well done to Ryan (absent from photo) and Tom M who received participation awards, and special congratulations to Alanah, who achieved a credit and Tom O. who was awarded a distinction.

**Dear Parents, Students & Staff**

Carol Butler-Mader
Principal
HPE & SPORT NEWS

INTERSCHOOL SPORT PAYMENT
Please ensure you are up to date with your child’s sport payment
$24.00 for 8 wks — Term 3 (Yr 6 and Yr 7 only)
Please speak to Carol if there are any concerns. Thanks.

OZTAG
This “new” community sport commences soon in Yeppoon. Most FSS classes have had a lesson with Tegan Rolfe who is coordinating the Yeppoon competition. Otag is not in opposition to the Cap Coast Touch Footy as it is to be played on a different afternoon to the Junior Touch which many of our students have participated in. Tegan will be revisiting our school next week to work with those year levels who missed out. If you would like to contact Tegan to find out more info on Otag please do so on email – yeppoon@oztag.com

CONGRATULATIONS to:
Josh P – for participating in the 12 yrs High Jump at the Cap T & F Trials.
Unfortunately Andrew B hurt himself prior to the carnival and was unable to participate.
Community sport involvement – by many of our students in the recent Netball Carnival and final weeks of fixtures of their chosen winter sports.
Those students and parents who are thinking about their Summer sport and outside leisure activities!

GARDEN NEWS
Thank you to those parents who supported our little harvest stall last week. I do have some ideas for the next harvest!!! Green club is on every Wednesday this term and new families are always welcome – many hands make light work and we all certainly do learn from each other!

ON THE LOOKOUT
Paddle Pop sticks (recycled – always better!) for use on our seedling labelling.
Plant Cuttings — In particular cordylines (or potted up small plants) suitable for around the classroom/school gardens — just revamping with Steve and some of the classes. Please leave near the garden shed or kitchen if you can provide such.

DATE CLAIMER

AUGUST

# 25th—29th Book Fair
# 28th—29th Year 4 Camp @ The Caves

SEPTEMBER

# 15th—19th Life Ed
# 19th Multi Sports Day - all classes
# 19th Last day for term 3 - (Happy Holidays: 22nd Sept — 7th Oct)

Helping Our Children.
Helpful information from the HJC (Head of Curriculum)
Helping Develop Resilient Children

In an ever-changing and unpredictable world one of the greatest things we can do as parents is to help our children to develop resilience. Justin Coulson (Teaching your Child Resilience) defines resilience as “the ability to deal with and succeed in difficult situations and events.” Resilient people are able to successfully manage their life, and successfully adapt to change and stressful events in healthy and constructive ways. It is about survivability and bouncing back — ability to life. “REAL Kids in an UNREAL World”

As parents it is our first reaction to try reduce exposure to any difficult situation or at least shield our children from having to deal with them. We do this with the best of intentions thinking that we are protecting them but in actual fact if we do this too often we are also robbing them of opportunities to experience setbacks or problem solve for themselves. These skills they will need to be able to function as resilient adults.

We need to assist our children in developing that ‘bounce back’ ability so that they are able to effectively deal with pressure and situations that don’t go their way.

Experts suggest there are many ways we can help our children develop resilience:

- Give age appropriate freedom and responsibility
- Listen to them carefully
- See the world through their eyes - this helps us understand that they may feel differently about things to us.
- Teach them how to problem - solve and make decisions so when they encounter a situation that is they find uncomfortable or difficult they can deal with it.
- Give them the opportunity to ‘figure out what works and what doesn’t’
- Ask them ‘How’ questions, e.g “How are you going to make sure your homework is done in time?”
- Don’t always provide the answer to their problems - discuss the situations and promote a problem solving approach to the situation.
- Let them make mistakes - this helps them learn and make better decisions next time.
- Accept your child for who they are and let them know you love them and are proud of them.
- Find your child’s strengths and help develop them so they are able to see themselves as successful. Success inspires confidence.

REAL Kids in an UNREAL World lists some of the characteristics of resilient people as:

- Ability to bounce back and recover from almost anything
- Optimistic and flexible thinking skills
- Have a, ‘where there’s a will, there’s a way’ attitude
- Tend to see problems as opportunities to learn and grow.
- Ability to hang in there or persevere and persist
- Seldom dwell on the past or the future
- Learn from previous challenges and mistakes
- Have a sense of humour
- Treat themselves and others with respect.
- Have a capacity for detachment
- Are able to help themselves and others
- Have appropriate expectations of themselves

http://psychcentral.com/lib/10-tips-for-raising-resilient-kids/00017272